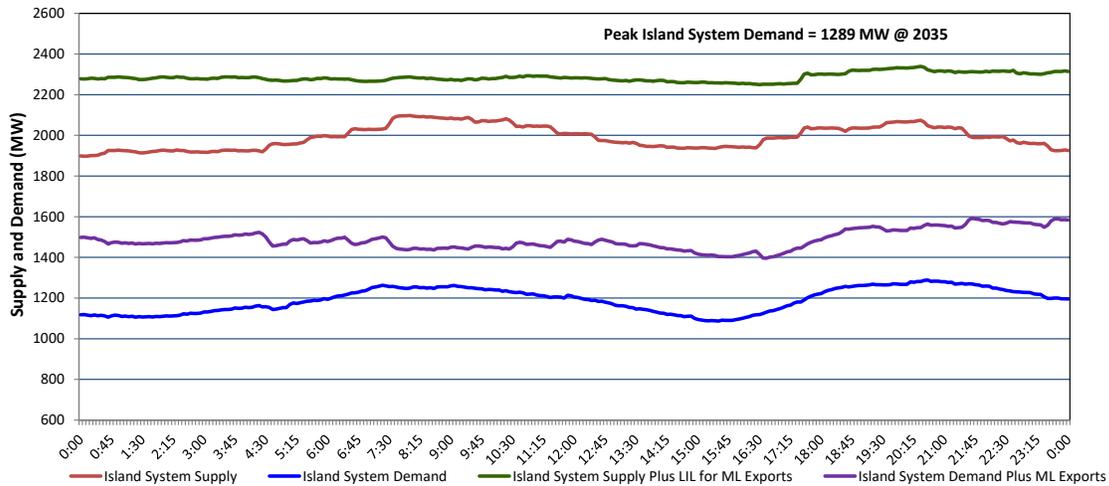


**Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Monday, March 02, 2026**

**Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Saturday, February 28, 2026**



Island Supply Notes For February 28, 2026

- A As of 1326 hours, February 05, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- B As of 1701 hours, February 05, 2026, Holyrood Unit 1 available at 166 MW due to forced derating (170 MW).
- C As of 1200 hours, February 26, 2026, Holyrood Unit 3 available at 40 MW due to forced derating (150 MW).
- D As of 0653 hours, February 27, 2026, St. Anthony Diesel Plant available at 6.7 MW due to forced derating (9.7 MW).

**Section 2
Island Interconnected System - Supply, Demand & Outlook**

Sun, Mar 01, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	1,971 MW	Sunday, March 1, 2026	1,275	1,180
NLH Island Generation: ^{3,7}	1,565 MW	Monday, March 2, 2026	1,605	1,506
NLH Island Power Purchases: ⁵	115 MW	Tuesday, March 3, 2026	1,635	1,536
NP and CBPP Owned Generation:	220 MW	Wednesday, March 4, 2026	1,405	1,309
LIL/ML Net Imports to Island: ⁹	71 MW	Thursday, March 5, 2026	1,560	1,462
		Friday, March 6, 2026	1,610	1,511
7-Day Island Peak Demand Forecast:	1,635 MW	Saturday, March 7, 2026	1,460	1,363

Island Supply Notes For March 01, 2026

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

**Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak**

Sat, Feb 28, 2026	Island Peak Demand ¹⁰	20:35	1,289 MW
	Exports at Peak		275 MW
	LIL Net Imports to Island		3,074 MWh
Sun, Mar 01, 2026	Forecast Island Peak Demand		1,275 MW

- Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).